

Visible Vocal Valuable

Annual Report 2016/17



Faces & Voice of Recovery UK

ANNUAL REPORT 2016/17

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To find out more about the UK Recovery Walk, to register for it, to see what's on during Recovery Month, or simply find out more about how to get involved, please visit:

www.facesandvoicesofrecoveryuk.org

A Message from our Chair of Trustees

This report aims to make clear our achievements as a membership body and in aspiring to lead a UK Recovery Movement. We are transparent and open in the way we operate and where we need to make more progress and be realistic in our expectations we clearly state this.

Our guiding principle is that the welfare of the Recovery Community remains at the heart of everything we do; and alongside our communications, research and events we continue to campaign for people's right to access high quality treatment and to challenge addiction related stigma.

Today we operate in an incredibly tough environment. All of the predictions about the vulnerability of funding have come true and we have seen unprecedented levels of disinvestment that threaten the integrity of the once enviable UK treatment system. Drug related deaths break new records and there is a worrying lack of leadership, direction and political will in our sector. Despite this we remain optimistic, motivated and energetic as we are fired by the ongoing journey of recovery and the examples of those who walk its path.

2016 was a year when over 250,000 people viewed our film We Are You The Affected and some

10,000 downloaded information and resources from our website, which has recently been vastly modernised and improved. Our membership increased to over 2,000 and the Halton Recovery Community exceeded expectations and did us proud by delivering one of the most successful Walks ever. Our services seem to be in demand everywhere and thanks to our generous sponsors we have been able to reach more people than ever before, but there is so much more we aspire to achieve.

Without doubt it is the passion, determination and commitment of our Chief Executive Annemarie Ward, volunteers, supporters and friends of the Charity that have enabled us to reach so far and on behalf of the Trustees I thank you and pay tribute to you all.

We look forward to continuing to share our journey, connecting the Recovery Community and spreading our message of hope through the ongoing work of the Charity.

Jon Royle
Chief Executive
Bridge

CEO Report

On behalf of the board, I am proud to present the Trustees' Annual Report, which sets out, for our supporters, members and the general public, what we have achieved and to give sight and opportunity for our members to influence our strategic plan for 2018-2021. In this year's report we took the opportunity to review our first strategic plan. We hope you enjoy reading it as much as we did reviewing our work.

Increasingly we are targeting our work more effectively to the groups and areas where our help is most needed. Education and raising awareness remains a key focus in our efforts. We continued this work on a number of fronts in 2016 particularly through our film: [We are you the affected](#): focusing on the stigma busting idea of what a person with a substance use disorder looks like. The film now translated into Portuguese at the request of FAVOR Brazil has been viewed almost a quarter of a million times across the world over several different social media platforms. To say that this is a phenomenal achievement for such a small charity is an understatement when compared to other similarly focused much better funded organizations, we are rightly proud and significantly boosted in our belief that we are indeed on the right track.

I wish to extend our heartfelt thanks to all of our loyal individual and corporate supporters and donors, to our volunteers who worked so hard at our various events and activities throughout the year, and to all those who took part in the many imaginative fundraising events

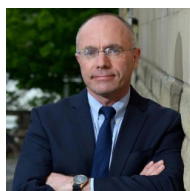
around the country. We certainly couldn't do our work without each and every penny and person who willingly and freely gives us their time energy and support.

I would personally like to thank our Chairperson, Jon Royle, for his commitment, drive and enduring support and to our Board members who work so hard behind the scenes and give up so much of their personal time and effort in supporting the charity's work on a voluntary basis. I would also like to share my deep appreciation of the hard work and loyalty that our volunteers have shown throughout the busy year. It never ceases to amaze me how such a small team can achieve so much.

Faces & Voices of Recovery UK has always placed a very strong emphasis on governance and transparency. It has always had its annual accounts independently audited and made them publicly available. We understand that when a donation is made, we are being entrusted to use funds responsibly. Faces & Voices of Recovery UK takes this responsibility seriously. The board and staff are committed to being open, transparent and accountable.

This annual report contains a full review of the projects and events run by the charity during 2016, as well as a breakdown of how donations were spent, overheads, salaries, and a list of board members

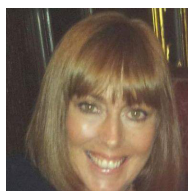
FAVOR UK Trustees



John Royle



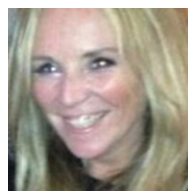
Annemarie Ward



Dot Turton



John Elford



Louise Dempsey Smith



Simon Jenkins

We are always looking for more guidance and support, if you think you have something to offer the board please get in touch.

About Us

FACES & VOICES OF RECOVERY UK

We are a national charity, made up of individuals in recovery, their friends and families and Community Recovery Organisations.

We are a policy advocacy movement that is taking on issues of discrimination, social justice and service access. A public and professional education movement, intent on challenging stigma.

OUR MISSION

Faces & Voices of Recovery UK is dedicated to organising and mobilising:

- the recovery community in recovery from addiction to alcohol and other drugs
- our families, friends and allies into recovery community organisations and networks.

To promote the right to recovery through advocacy and education, demonstrating the power and proof of long-term recovery.



OUR GOALS

1. To be a unified and national voice for individuals and organisations on all issues related to addiction and recovery.
2. To save lives and improve health and wellbeing by challenging addiction related stigma and encouraging, empowering and educating people in recovery from addiction as well as those affected by addiction.
3. To build awareness and raise the profile of recovery. Help more people find recovery by spreading the message that prevention works, treatment is effective and recovery from addiction is a lived reality in millions of people's lives.
4. To provide main stream society a highly visible and obvious solution to the overwhelming crisis many feel associated with alcohol and other drug addiction.

WHAT WE DO

1. Mobilise and organise to raise the profile of the organised recovery community. Help more people find recovery by demonstrating that millions of people from all walks of life have found recovery. Promote widespread understanding that long-term recovery is a reality and a process that takes time and support.
2. Build the capacity of recovery community organisations to thrive and participate in local, regional and national policy arenas, support and encourage the development of peer recovery support services; and mobilise the local recovery community.
3. Address public policy to reduce the discrimination that keeps people from seeking recovery or moving on to better lives; and support recovery-oriented policies and programs.

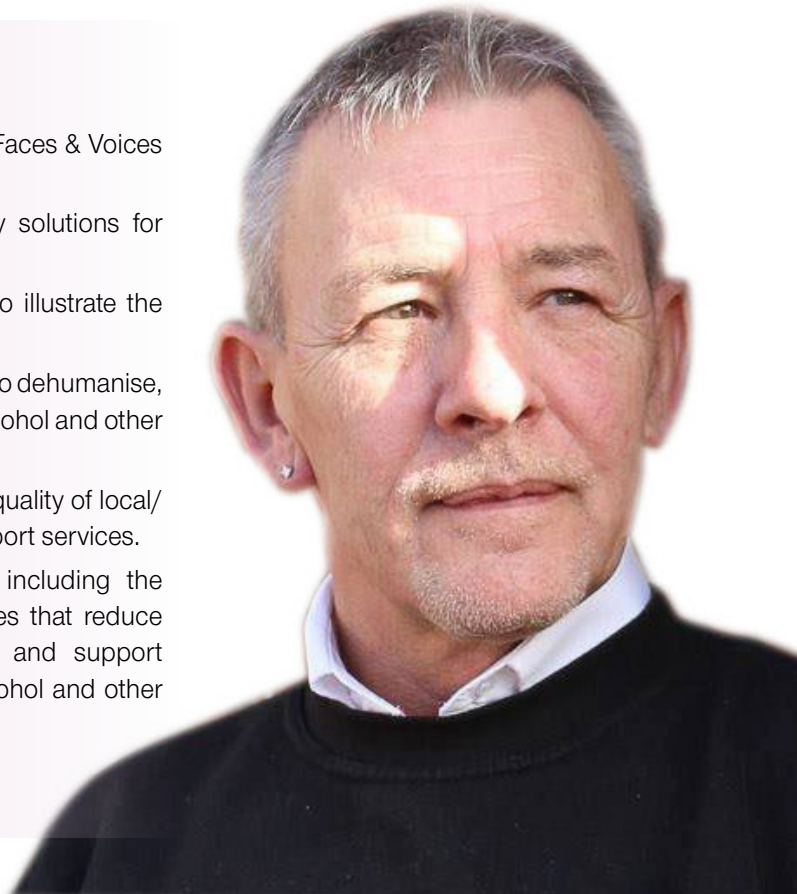
Find Recovery

Love Recovery

Be Recovery

What we show via the walks and The Charity Faces & Voices of Recovery UK is

1. There is viable and varied recovery solutions for alcohol and other drug problems.
2. We are examples of real people who illustrate the diversity of those recovery solutions.
3. We can challenge any public attempt to dehumanise, objectify and demonise those with alcohol and other drug problems.
4. Advocate for variety, availability, and quality of local/regional treatment and recovery support services.
5. Advocate for barriers to recovery, including the promotion of laws and social policies that reduce alcohol and other drug problems and support recovery for those suffering from alcohol and other drug problems.



Shape Our Future

We are a membership charity!
What does that mean?



Well, it means we need you as members as it's our membership that makes us who we are! We want our members both individuals and organisations to help:

1. Keep the charity's trustee board up-to-date with the needs of beneficiaries, providing feedback and diversity of opinion;
2. Keep the trustee board fresh and accountable, and help ensure probity and transparency;
3. Improve the charity's ability to influence the social or political environment in which the charity operates; and act as a pool of volunteers and potential trustees.

If you are using your story to talk with different groups of people about addiction, recovery, stigma and discrimination there is a useful toolkit available at the link below:

<http://www.facesandvoicesofrecoveryuk.org/wp-content/uploads/2015/04/Using-Your-Story-Booklet-Updated-2015.pdf>

Here are two examples of powerful statements that are now being used by people in recovery in different countries:

For a person in recovery

I'm [Your name] and I am in long-term recovery, which means that I have not used [Insert alcohol or drugs or the name of the drugs that you used] for more than [Insert the number of years that you are in recovery] years. I am committed to recovery because it has given me and my family new purpose and hope for the future, while helping me gain stability in my life. I am now speaking out because long-term recovery has helped me change my life for the better, and I want to make it possible for others to do the same.

For a family member or a friend of a person in recovery

I'm [Your name]. My [Insert son, daughter, mum, dad, friend] is in long-term recovery, which means that [Insert he/she] has not used [Insert alcohol or drugs or the name of the drugs that he or she used] for more than [Insert the number of years] years. I am committed to recovery because it has given me and my family new purpose and hope for the future. I am now speaking out because long-term recovery helped us change our lives for the better and I want to make it possible for others to do the same.

The UK Recovery Walk Blackpool 2017

The UK Recovery Walk which takes place each September, raises awareness of substance use disorders and RECOVERY from addiction. The point of The UK Recovery Walk is to celebrate the achievements of individuals in recovery, and acknowledges the work of prevention, treatment, and recovery service providers. Each September, and throughout the year, Recovery Month encourages recovery communities worldwide to spread the message that prevention works, treatment is effective, and Recovery from addiction is a lived reality in millions of people's life's. We are a policy advocacy movement that is taking on issues of discrimination, social justice and service access. We are also a public and professional education movement, intent on challenging stigma. We do this by delivering messages of hope to the cultures of addiction within our systems and treatment.

Our Purpose

To promote the saving of lives and advancement of health by encouraging, empowering and educating people in recovery from addiction as well as those

affected by addiction. To provide relief to those in recovery whose sustained recovery may be affected by reason of age, ill-health, disability, financial hardship or other disadvantage and strive to alleviate these.

And in furtherance thereof: To raise funds to support the above. To promote, plan and deliver a national UK Recovery Walk/Event in each year. To give a voice & face to recovering people and provide support and information on where to get support to help people enter recovery and progress their lives, free from addiction. Promote other recovery activities to take place each year. To engage in activities year round that promote the annual UK walk throughout the UK and further afield where appropriate. To work with appropriate local, regional and national organisations, services, political and governmental bodies to highlight and promote recovery

The Walks are an opportunity for us to announce our presence and, mobilise and organise our community. Join

Join Us 12 Noon South Pier Blackpool 9th September





2014-2017 Review

Faces & Voices of Recovery UK exists to support the development and effectiveness of the developing UK Recovery Movement. We have achieved this by:

1. Coordinating recovery advocacy activity across the UK
2. Organising and supporting local and national advocacy campaigns
3. Providing resources and information to facilitate an increase in the visibility of recovery
4. Training people in recovery in order to foster effective advocacy skills

Faces and Voices of Recovery UK is the only organisation in the UK with an explicit mission to respond to the organisational and leadership development needs of grass roots Addiction Recovery Community Organisations and to develop and unify Addiction Recovery advocacy in the UK.

FAVOR UK has a high level of brand recognition and the support of the recovery community in the UK. The charity's board members contribute to an international advisory body selected by Faces and Voices of Recovery in the United States to foster the development of networks of support between Recovery Community Organisations internationally.

The following 7 goals were identified as the key

areas of work required to further the vision and core aims of FAVOR UK and formed the basis of the charity's strategic plans for the last 3 years:

1. Co-produce the annual UK Recovery Walk with local partners
2. Unify the Recovery Advocacy Movement through coordinated national and local action and effective, targeted communication
3. Support the expansion and growth of grass roots organisations by enhancing awareness of different pathways to recovery
4. Further develop the Association of Recovery Community Organisations to support local action and unify advocacy agendas
5. Develop and disseminate messages for the Recovery Advocacy Movement to engage the public and policy makers at national and local levels
6. Develop non-stigmatising, evidence based narratives on prevention, treatment and recovery for Public Information Kits
7. Unify the Recovery Advocacy Movement by developing a consensus on issues for national and local focus

For further information please contact:

annemarie@facesandvoicesofrecoveryuk.org

2014-2017 Review

We are delighted to express that we have achieved for the most part what we set out to do and are more than aware we have done it with very little resources. When we set out to achieve we did not foresee how much of it would be paid for in sheer tenacity and determined good will.

The financial and political environment has had at times both negative and positive impact on our desire for change motivation and ability to influence and make changes. At an organisational level, our financial constraints continue to frustrate and force us to not just work innovatively and at times without pay but also delay our development and progress.

We find this particular irritating when we continue to fail to attract core funding despite being one of

the very few authentic genuine examples of co-production and peer led organisations in the UK.

We have delivered delivered over 150 live presentations about the charity and its aims to a range of key stakeholders including, Public Health England, Scottish Government, regional and national strategic bodies and organisations, service users, recovery groups, networks & individuals totaling a conservative estimate of upwards of 10000 people who have had direct access and engagement during these to the trustee/trustees. We are happy to say that addiction recovery has never been more visible within the UK culture.



Resources

Free for you to use

Our work in bringing the film - The Anonymous people movie to over 70 locations throughout the UK was very useful, helping us to raise awareness of our mission with many individuals, networks and groups of activists, advocates and supporters of the fledgling UK recovery movement. It also allowed us to begin to organise, mobilise and engage - so far we have been able to sign up just under 2000 members. This also strengthened our relationship with FAVOR in the States and a variety of other advocacy organisations in America, Australia, Brazil, South Africa also working towards the FAVOR ethos.

We have been successful in working with FAVOR USA to create a variety of resources. A British version of many of their products and guidance is now available for free from our website or by getting in touch directly with the charity. We would like to highlight a number of resources that we have produced over the years that for us demonstrates the range and quality of what we do and we know have helped serve and guide and been received enthusiastically with over

10 thousand downloads by our members and supporters.

Resources that have been developed and download for free include the (Advocacy with Anonymity Leaflet) and our in depth (Advocacy with Anonymity Guide). If you are or work with members of the 12 step fellowships, these are vital resources to take our movement forward whilst keeping us out of external controversies and guiding us on where advocacy fits with the traditions of that particular pathway.

These documents are also welcome accompanying documents to the mutual aid guidance documents produced by PHE and soon to be released by mutual aid guidance by the Scottish Government in 2017 which we are pleased to have influenced their decision to include this vital strategic and operational guidance fulfilling our influencing policy intentions



Many Paths

There are many pathways to Recovery & all are a cause for celebration.

Regardless of your recovery pathway, though, if you are using your story to talk with different groups of people about addiction, recovery, stigma and discrimination, please see our (Using Your Story Booklet) which will also offer invaluable advice on staying safe. Speaking with or want to speak with the media, see our (Top Tips For Media Booklet) as it will be extremely useful in helping you discern the difference between sharing our story & recovery messaging. We are also delighted to offer guidance on how to set up and use that influence in our (Recovery Community Organisations toolkit) inside you will find a wealth of suggestions that can offer assistance & support on developing and building the recovery community in your area.

We were also able to develop two training courses, manuals and booklets to accompany them, again offered freely the first being (Our Stories have power) training with accompanying booklet (Questions and Answers Booklet) and (The UK Recovery Coach Manual) - complete with suggested training exercises and service specifications.

We have been widely acclaimed for producing the definitive guide and toolkit to help you set up events for (UK Recovery Month)

Our (toolkit for advocates in England) has also been widely appreciated, as they have downloaded many hundreds of times over and we are grateful to have had the opportunity to work with some very dedicated and inspiring people to produce them.

We continue to encourage membership of the (Association of Recovery Communities

Organisations (ACRO) whereby organisations groups and associations can claim authentic and genuine recovery status dependent on the suggested criteria. We now have several full members, & several organisations & groups interested in working towards membership. General feedback tells us that most feel supported and strengthened by the guidelines presented in it. We are confident also that ACRO is being viewed as a step towards maturation of the potential recovery movement overall and we would very much welcome your applications for membership.



Give it Back

Fundraising

The (Give it back' campaign) has gone from strength to strength each year with more people tapping into our media resources and seeking guidance on potential local campaigns. Give it Back takes place every Septembers Recovery Month is a national and regional media campaign whereby we support members with their own local media campaigns to showcase examples of individuals and groups of people in long term recovery, voluntarily giving something back to their local communities. Actions speak louder than words and this "advocacy in action" gives a powerful message that recovery gifts us a new sense of self, purpose and the opportunity of a lifelong process of development and growth. It will also promote the powerful message that people in long term recovery from addiction to alcohol and other drugs are one of the greatest assets local communities have and when organised into local recovery community organisations can be a powerful force improving the lives of people around them.

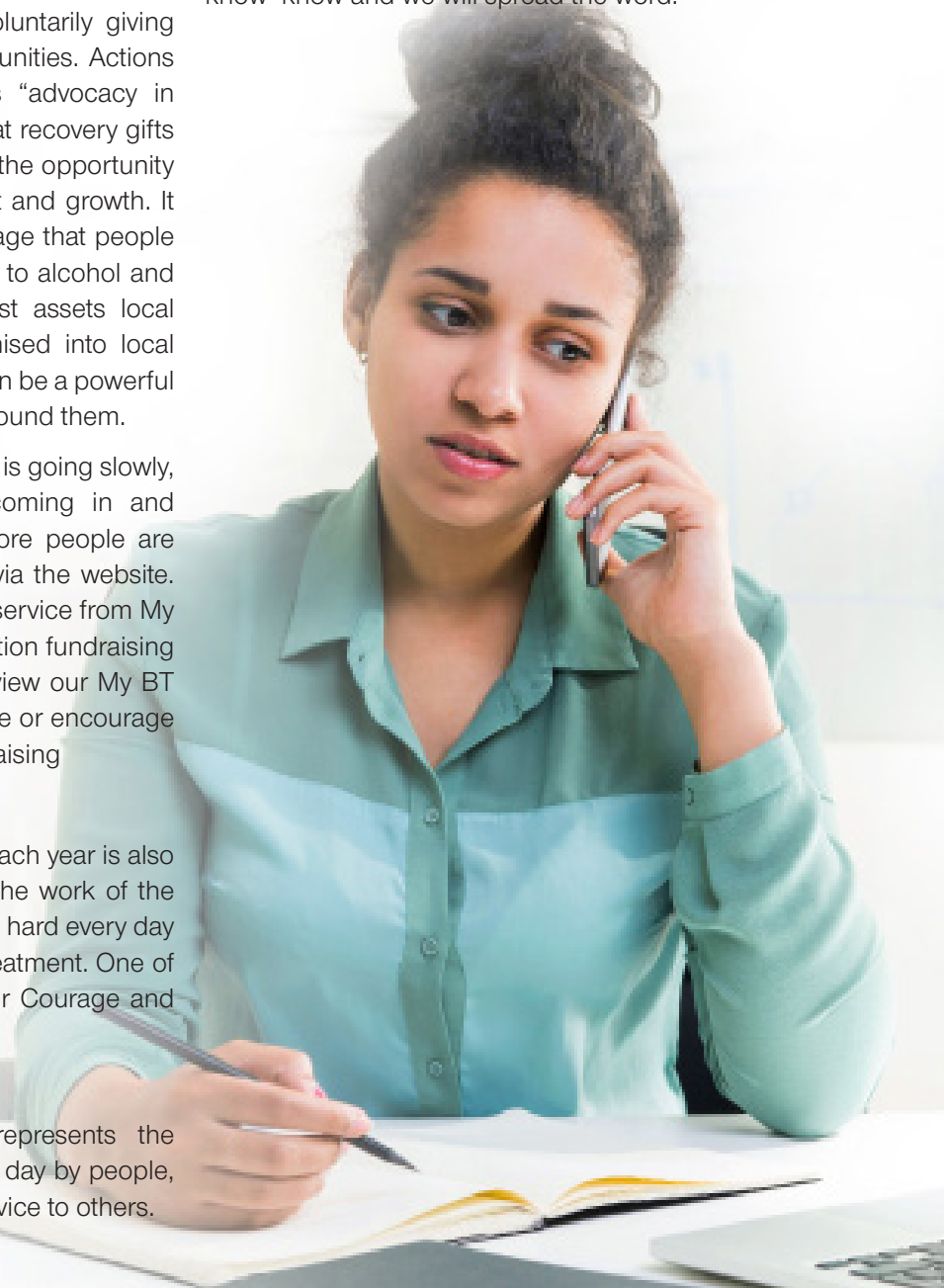
Fundraising - Our general fundraising is going slowly, small events and donations are coming in and we are delighted that more and more people are becoming aware of how to do this via the website. We have achieved confirmation and service from My BT donate as our main general donation fundraising structure. Please take the time to review our My BT donate page where you also can raise or encourage others to create events and get fundraising

Recovery Month during September each year is also an opportunity for us all to honour the work of the many people and agencies who work hard every day in the area of both prevention and treatment. One of the we can do this is by wearing our Courage and Bravery badge with Pride.

The Purple Heart of Recovery represents the bravery and courage displayed every day by people, professionals and families in their service to others.

It's also a great way for us to raise awareness and a little money. Please click on the link here to get your courage and bravery badge.

This year Recovery Month gives recovery service providers and individuals in recovery the opportunity to celebrate and congratulate the hard work that goes into making recovery possible. Month will be uploaded and found on your Recovery Event Calendar so if you are planning something let us know know and we will spread the word.



Using the Media

Recovery Month

Advocacy language training.

You can find your calendar here .

The charity is regularly asked to be involved in events across the UK. Whilst it is not always possible or appropriate for us to attend, we do when and where possible. We also offer to share these responsibilities/engagements with the members of the years Host Committee. These speaking engagements are an excellent way to raise the profile of our own organisation but also to help spread the message of development from other social enterprises and fledgling recovery community organisations. It is also an opportunity to spend time with the individuals, groups, networks, speaking to people who are working and receiving services in the area. These events are a great opportunity for teams/groups/individuals on the front line to get to know us, as well as share any successes, concerns and general information. They're also a chance for us to ask questions and find out what's happening around the country.

We think you will agree that our review and achievements of the last 3 years has been outstanding in terms of our profile raising, campaigning and advocacy work. Of course, none of our achievements would have been possible without our loyal and generous supporters, individuals who have dedicated their time and of course the financial contributions of our sponsors.

On behalf of the trustees and our members we would like to thank our staff and our excellent volunteers for their continuing hard work and dedication. In addition, we are exceptionally fortunate that we have so many long standing supporters, individuals and organisations who support, attend and promote the UK Recovery walk each and year who's continued good will and positive encouragement is invaluable.

We believe and actively promote that our knowledge

of addiction as a brain disease significantly increased through neuroscience over the past 25 years, it is now necessary for everyone to change our language and approaches in line with this new information.

We increasingly recognize and challenge that certain terms used in the addiction field may actually undermine our nation's clinical and public health efforts to more effectively address this current crisis. More information on this can be found in our Advocacy language training.



Involving local decision makers

We increasingly recognize and challenge that certain terms used in the addiction field may actually undermine our nation's clinical and public health efforts to more effectively address this current crisis. More information on this can be found in our Advocacy language training.

In particular we would like to draw particular attention to word choice. This terminology implies that suffering from a substance-related condition is a moral failure, or is a character flaw of the individual. It is an attempt to replace antiquated and stigmatised terminology with evidence-based medical terminology that reflects the biological, psychological, and social attributes of the condition.

Finally, it is our wish to see thousands of people turn out for recovery across the nation as part of Septembers recovery month, in walks, projects and celebrations all over the UK. We hope to that you will join us this year in Blackpool on the 9th of September at the largest gathering of recovering people in Europe everywhere we will celebrate with people in recovery, their families, friends and allies, who are now healthy and well, taking part again in all aspects of life and helping each other to celebrate their growing visibility and sustain their recovery.

As we have each year until now and again in years to come I'm sure we will be joined by a vast array of elected officials, celebrities, public officials, and allies. We hope you will join us in Blackpool for the 9th UK recovery walk or be participants in your local events, raising the national profile of the growing recovery movement.



[Your organisation's logo and address here]

[Date]

[e.g. Director of Public Health's name and address here]
Dear [Director of Public Health name here],

I'm writing to introduce the work of [organisation], which has been helping people affected by drug and alcohol dependency in [town or area] since [date].
[Organisation] offers a range of services to support those affected by substance use, including [insert what kind of treatment, activities, advice and support services you offer service users/families].

We work closely with local partner organisations [e.g. housing association] and [e.g. employment and training organisation] to ensure that people recovering from drug and alcohol dependency in [town or area] are supported into housing and employment.

We have a long record of strong partnership working with the local authority and other stakeholders. Our work with [name other local stakeholders you have contact with here] has helped improve outcomes in [town or area] for people in recovery, for example [insert a brief, local case study or statistics demonstrating your impact].

We would like to invite you to visit [organisation] to see the work that we do, meet the staff team and, most importantly, our service users. Our team is committed to working with you and your colleagues to ensure that the voice of people with substance use problems in [town or area] is heard and their needs are met, leading to improved public health outcomes for the whole community.

Please get in touch with us at the above address, by email at [address] or by phone on [number]. We look forward to welcoming you to [organisation] very soon.

Yours sincerely,

[Name, job title and organisation]

Independent Examiner's Report

Independent Examiner's Report to the trustees of Faces & Voices of Recovery UK

I report on the accounts of Faces & Voices of Recovery UK for the year ended 30 April 2017 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Respective responsibilities of trustees and examiner

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under s.145 of the 2011 Act;
- to follow procedures laid down in the general Directions given by the Charity Commission under s.145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with the Companies Act 2006, s.386 and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice: Accounting and Reporting by Charities,have not been met: or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

John Kerr

Institute of Chartered Accountants Scotland
9 Haining Wynd
Muirhead
G69 9FH

29 July 2017

Statement of Financial Activities

for the year ended 30 April 2017

	Notes	Unrestricted funds 2017 £	Total funds 2017 £	Total funds 2016 £
Income and endowments from:				
Donations and legacies	3	1,308	1,308	6,331
Charitable activities	4	5,601	5,601	-
Investments	5	4	4	3
Other	6	76,659	76,659	36,765
Total		83,572	83,572	43,099
Expenditure on:				
Raising funds		-	-	-
Charitable activities		-	-	-
Other	7	78,051	78,051	56,922
Total		78,051	78,051	56,922
Net gains on investments		-	-	-
Net income/(expenditure)	8	5,521	5,521	(13,823)
Net income/(expenditure) before other gains/(losses)		5,521	5,521	(13,823)
Other gains and losses:				
Net movement in funds		5,521	5,521	(13,823)
Reconciliation of funds:				
Total funds brought forward		3,579	3,579	17,402
Total funds carried forward		<u>9,100</u>	<u>9,100</u>	<u>3,579</u>

Summary Income and Expenditure Account

for the year ended 30 April 2017

	2017 £	2016 £
Income	83,568	43,096
Interest and investment income	4	3
Gross income for the year	<u>83,572</u>	<u>43,099</u>
Expenditure	77,976	56,847
Depreciation and charges for impairment of fixed assets	75	75
Total expenditure for the year	<u>78,051</u>	<u>56,922</u>
Net income/(expenditure) before tax for the year	5,521	(13,823)
Net income /(expenditure)for the year	<u>5,521</u>	<u>(13,823)</u>

Balance Sheet

at 30 April 2017

Company No.	Notes	2017 £	2016 £
Fixed assets			
Tangible assets	11	<u>75</u>	<u>150</u>
		75	150
Current assets			
Cash at bank and in hand		<u>9,025</u>	<u>3,429</u>
		9,025	3,429
Net current assets		9,025	3,429
Total assets less current liabilities		<u>9,100</u>	<u>3,579</u>
Net assets excluding pension asset or liability		9,100	3,579
Total net assets		<u>9,100</u>	<u>3,579</u>
The funds of the charity			
Restricted funds	12		
Unrestricted funds	12		
General funds		<u>9,100</u>	<u>3,579</u>
		9,100	3,579
Reserves	12		
Total funds		<u>9,100</u>	<u>3,579</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 30 April 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 29 July 2017

And signed on its behalf by:

Louise Smith
Trustee
29 July 2017

Notes to the Accounts

for the year ended 30 April 2017

1 Accounting policies

Basis of preparation

These accounts have been prepared on the Receipts & Payment basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) regulations 2006 (as amended).

Fund accounting

- Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity. The charity maintain a single unrestricted fund for the day to day running of the club.
- Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.
- Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
- Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal. During the year the charity received a grant of £30,000 from Indivior UK Limited, paid in to payments of £15,000 for the development of the charities website.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity receives the income.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when received.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA when it is received.

Donated services and facilities These are not included in income.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets Not included in the accounts

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure	
Recognition of expenditure	Expenditure is recognised on an paid basis.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixture and Equipment 25%% Straight Line

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from donations and legacies

	Unrestricted	Total 2017	Total 2016
	£	£	£
Donations	1,308	1,308	6,331
	<u>1,308</u>	<u>1,308</u>	<u>6,331</u>

4 Income from charitable activities

	Unrestricted	Total 2017	Total 2016
	£	£	£
Training	5,601	5,601	-
	<u>5,601</u>	<u>5,601</u>	<u>-</u>

Notes to the Accounts

5 Income from investments

	Unrestricted	Total 2017	Total 2016
	£	£	£
Bank Interest	4	4	3
	<u>4</u>	<u>4</u>	<u>3</u>

6 Other income

	Unrestricted	Total 2017	Total 2016
	£	£	£
Grants	39,700	39,700	-
Sponsorship	36,959	36,959	36,765
	<u>76,659</u>	<u>76,659</u>	<u>36,765</u>

7 Other expenditure

	Unrestricted	Total 2017	Total 2016
	£	£	£
Employee costs	20,526	20,526	36,748
Motor and travel costs	10,216	10,216	3,184
Premises costs	1,825	1,825	-
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	75	75	75
General administrative costs	33,099	33,099	13,303
Legal and professional costs	12,310	12,310	3,612
	<u>78,051</u>	<u>78,051</u>	<u>56,922</u>

8 Net income/(expenditure) before transfers

	2017	2016
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	75	75

9 Trustee remuneration and expenses

Trustee	Remuneration	Pension	Other benefits
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One or more of the trustees has been paid expenses in the current or prior periods.

	2017	2016
	Number	Number
Number of trustees paid expenses	1	-
	£	£
Total expenses reimbursed to trustees	340	-

Notes to the Accounts

10 Staff costs

Salaries and wages	16,523	32,369
	<u>16,523</u>	<u>32,369</u>

No employee received emoluments in excess of £60,000.

11 Tangible fixed assets

	Fixture and Equipment £	Total £
Cost or revaluation		
At 1 May 2016	300	300
At 30 April 2017	<u>300</u>	<u>300</u>
Depreciation and impairment		
At 1 May 2016	150	150
Depreciation charge for the year	75	75
At 30 April 2017	<u>225</u>	<u>225</u>
Net book values		
At 30 April 2017	<u>75</u>	<u>75</u>
At 30 April 2016	<u>150</u>	<u>150</u>

12 Movement in funds

	At 1 May 2016	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 30 April 2017 £
Restricted funds:					
Endowment funds:					
Restricted income funds:					
Unrestricted funds:					
General funds	3,579	83,572	(78,051)	-	9,100
Designated funds:					
Revaluation Reserves:					
Endowment funds:					
Restricted funds:					

Notes to the Accounts

Unrestricted funds:

Total funds	<u>3,579</u>	<u>83,572</u>	<u>(78,051)</u>	<u>-</u>	<u>9,100</u>
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13 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	75	75
Net current assets	9,025	9,025
	<u>9,100</u>	<u>9,100</u>

14 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Detailed Statement of Financial Activities

for the year ended 30 April 2017

	Unrestricted funds 2017 £	Total funds 2017 £	Total funds 2016 £
Income and endowments from:			
Donations and legacies			
Donations	1,308	1,308	6,331
	<u>1,308</u>	<u>1,308</u>	<u>6,331</u>
Charitable activities			
Training	5,601	5,601	-
	<u>5,601</u>	<u>5,601</u>	<u>-</u>
Investments			
Bank Interest	4	4	3
	<u>4</u>	<u>4</u>	<u>3</u>
Other			
Grants	39,700	39,700	-
Sponsorship	36,959	36,959	36,765
	<u>76,659</u>	<u>76,659</u>	<u>36,765</u>
Total income and endowments	83,572	83,572	43,099
Expenditure on:			
Costs of generating donations and legacies			
Donations	-	-	-
Investment management costs			
Bank Interest	-	-	-
Charitable activities			
Training	-	-	-
Employee costs			
Salaries/wages	16,523	16,523	32,369
Staff entertainment	3,287	3,287	-
Temporary staff	716	716	4,379
	<u>20,526</u>	<u>20,526</u>	<u>36,748</u>
Motor and travel costs			
Travel and subsistence	7,477	7,477	1,133
Business mileage costs reimbursed	-	-	453
Fares	2,739	2,739	1,598
	<u>10,216</u>	<u>10,216</u>	<u>3,184</u>

Detailed Statement of Financial Activities

Premises costs			
Rent	1,825	1,825	-
	<u>1,825</u>	<u>1,825</u>	<u>-</u>
General administrative costs, including depreciation and amortisation			
	75	75	75
Depreciation of Fixture and Equipment	-	-	-
Bank charges	79	79	16
Equipment leasing and hire charges	2,797	2,797	5,831
General insurances	573	573	582
Postage and couriers	-	-	144
Software, IT support and related costs	25,550	25,550	474
Stationery and printing	25	25	80
Subscriptions	3,341	3,341	6,091
Sundry expenses	734	734	85
	<u>33,174</u>	<u>33,174</u>	<u>13,378</u>
Legal and professional costs			
Accountancy and bookkeeping	720	720	792
Consultancy fees	11,590	11,590	2,820
	<u>12,310</u>	<u>12,310</u>	<u>3,612</u>
Total of expenditure of other costs	<u>78,051</u>	<u>78,051</u>	<u>56,922</u>
Total expenditure	78,051	78,051	56,922
Net gains on investments	-	-	-
	<u>5,521</u>	<u>5,521</u>	<u>(13,823)</u>
Net income/(expenditure)			
Net income/(expenditure) before other gains/(losses)	5,521	5,521	(13,823)
Other Gains	-	-	-
Net movement in funds	<u>5,521</u>	<u>5,521</u>	<u>(13,823)</u>

