

## **UK Recovery Walk 2018 Shrewsbury**

# Update: February 2018

The 10<sup>th</sup> UK Recovery Walk will be held on Saturday 8<sup>th</sup> September, with the walk starting at 12.00pm from the Quarry Park, Shrewsbury.

The most recent Steering and Planning Groups for the UK Recovery Walk 2018 took place on Friday 5<sup>th</sup> February 2018.

The Steering Group is made up of a range of partners and stakeholders including Shropshire Drug & Alcohol Action Team, Shrewsbury Town Council, The Shropshire Recovery Partnership, University Centre Shrewsbury, FAVOR UK; the national charity who oversee the walk and a number of Shropshire Council departments. The Steering Group is responsible for delivering the strategic planning of the walk.

The Planning Group is an open meeting which anyone can attend to share ideas and contribute to the recovery walk.

Here's an update on progress so far:

## FAVOR UK Conference:

The FAVOR UK Conference will be held on Friday 7<sup>th</sup> September at the University Centre Shrewsbury.

The Planning Group are now beginning to look at potential speakers for the conference.

We will be confirming the theme of the conference and initial speakers soon by booking to attend is now available <u>here</u>

### The Recovery Walk Sleepover:

Once again, a sleepover will be available to those wishing to stayover in Shrewsbury on Friday 7<sup>th</sup> September, the night before the walk.

This years sleepover will be hosted by the Shrewsbury Sports Village.



Bookings are now being taken and can be accessed here

### The Recovery Walk:



### THE 10TH UK RECOVERY WALK 8th September 2018 - Shrewsbury, 12noon

#### **Attend the Walk**

Join thousands of people in recovery, their families and friends for the biggest gathering of recovering people in Europe as we walk through Shrewsbury starting and finishing at Quarry Town Park celebrating and advocating for recovery.

#### **Celebrate Recovery Month**



Each September in the UK, thousands of people in recovery as well as projects and services celebrate their successes, and recovery itself, by organising and taking part in events throughout the country. See the website for our official UK Recovery Month Events Calendar for more.

#### Get Involved, Celebrate and Wear **Some Purple**

Anyone can get involved. You can join the Walk, attend the many events around the country, speak to us, your local recovery organisation or just wear something purple to show your affinity!

UKRV

To find out more about the UK Recovery UK Recovery Wall Walk, to register for it, to see what's on during Recovery Month, or simply find out more about how to get involved, please visit: www.facesandvoicesofrecoveryuk.org

We have a fantastic 1.5 mile circular route for the walk that takes in many of the historic landmarks of our beautiful medieval town:



Leaving the Quarry Park at 12.00pm, we expect all walkers to have returned to the by 1.00pm in time for our fantastic family friendly celebration event which will run through until 4.00pm.

The Steering Group is working hard to make sure that all of the necessary infrastructure is in place, first aid provers, catering, stage and toilets are now all in place.

The Planning Group have been looking at the entertainment programme and have been looking at live music and performers to take part.

We're very keen to make sure that we have a family friendly event, and are very excited to announce that Abbeycare have kindly offered to fund 'Panic Circus' at the event who will be performing a circus show, running circus skills workshops and joining in the walk itself on stilts!



# Sponsorship & Fundraising:

We also our first Street Collection Fundraising Day on Pride Hill, Shrewsbury on Saturday 10<sup>th</sup> February. Many thanks to those who've volunteered to brave the cold and collect for the walk.

Future street collection dates are:



If you're interested in volunteering and getting involved please contact <u>simon.haydon@shropshire.gov.uk</u> for further information.

Finally, if you'd like to donate to the walk, you can do so here

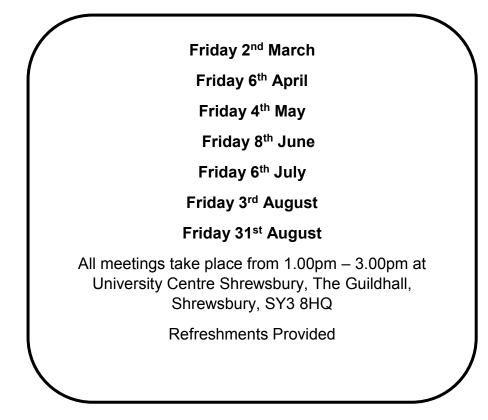
## Volunteering:

There will be many volunteering opportunities for the Recovery Walk from walk stewards to 'meet and greet' volunteers.

Full details of all volunteering roles and a simple application form will be coming out in late March but if you'd like to express an initial interest in volunteering, please contact <a href="mailto:simon.haydon@shropshire.gov.uk">simon.haydon@shropshire.gov.uk</a>

# How Can You Get Involved?

If you'd like to get involved in the planning process, why don't you come along to a Planning Meeting, where you can have your say, share your ideas and be part of this amazing event;



## If You'd Like To Know More:

We'll be producing a further update following the next Steering & Planning group Meetings on Friday 2<sup>nd</sup> March.

However, in the meantime, further information on the Recovery Walk is available on the FAVOR UK website <u>here</u>

Additionally, follow FAVOR UK and The Shropshire Drug & Alcohol Action Team on social media for regular news and updates:



@FAVORUK @shropshiredaat

@FAVORUK

@Shrop\_DAAT

If you have any further questions or would like any more information please contact: <u>annemarie@facesandvoicesofrecoveryuk.org</u> or <u>gavin.hogarth@shropshire.gov.uk</u>