



# THE 11TH UK RECOVERY WALK

7th September 2019 – Middlesbrough, 12 noon till 5pm

## Attend the Walk

Join thousands of people in recovery, their families and friends for the biggest gathering of recovering people in Europe as we walk through Middlesbrough starting and finishing at Centre Square celebrating and advocating for recovery.

## Celebrate Recovery Month

Each September in the UK, thousands of people in recovery as well as projects and services celebrate their successes, and recovery itself, by organising and taking part in events throughout the country. See the website for our official UK Recovery Month Events Calendar for more.

## Get Involved, Celebrate and Wear Some Purple

Anyone can get involved. You can join the Walk, attend the many events around the country, speak to us, your local recovery organisation or just wear something purple to show your affinity!

To find out more about the UK Recovery Walk, to register for it, to see what's on during Recovery Month, or simply find out more about how to get involved, please visit:  
[www.facesandvoicesofrecoveryuk.org](http://www.facesandvoicesofrecoveryuk.org)

UK Recovery Walk

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