

2021

ANNUAL REPORT

**FACES AND VOICES OF
RECOVERY UK**

TABLE OF CONTENTS

STATEMENT FROM OUR CHAIR - 3

CHIEF EXECUTIVE REPORT - 6

STIGMA - 9

ABSTINENCE SERVICES - 12

COVID - 17

BREAKTHROUGH - 19

RECOVERY MONTH AND ARCO - 21

CAMPAIGNING DRUG CONSUMPTION ROOMS - 30

ANTI-STIGMA LANGUAGE MATTERS REPORT - 32

THROUGH TAKING ACTION ON ADDICTION - 36

QUALITY INDEX TOOLKIT - 41

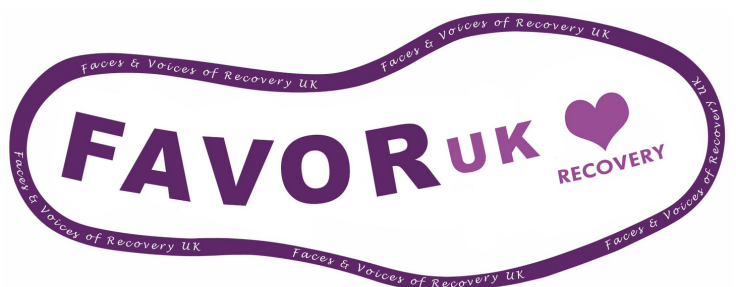
UK RECOVERY DECLARATION OF RIGHTS - 43

OORBILL - 45

INVESTMENT - 50

FINAL THOUGHTS - 52

ACCOUNTS - 54



STATEMENT FROM OUR CHAIR

For this year, my most important message is to pay tribute to the amazing dedication and commitment of our hard-working volunteers, staff, trustees, and supporters who have seen us through these turbulent times. We would also like to thank our Chief Executive, Annemarie Ward, who continues to inspire us with her energy, passion, and courage as an authentic leader of the UK Recovery Movement.

After 10 years of austerity and the heart-breaking loss of thousands of lives, we have at last seen a real commitment from the Scottish government to invest in the treatment and recovery system. FAVOR UK is proud of the role that we have played in bringing about social change through our recovery activism, and representing the voice of recovering people from across our extensive membership network. At times that voice was angry, which is understandable given the level of grief and trauma that has impacted our community, as we have all lost friends and loved ones during this difficult time. We now have an equally important role to play, in partnership with the Scottish and other UK Governments and all our stakeholders in ensuring that the new investment is used wisely to rebuild the system, informed by the expertise and collective wisdom of people in recovery - from across our diverse communities.



This year, we have tirelessly campaigned for a Bill of Rights which states that all people have a right to recover from addiction, and is a call for action to make sure people have equitable choice and access to treatment intervention regardless of wealth or postcode. We are receiving a broad spectrum of support from leading treatment providers, politicians, decision makers, and our dream as we go to print is that this will translate into legislation, which would be one of the most significant shifts in addiction policy for decades. Alongside our campaigning and work with the media, we have also not forgotten our much-loved annual recovery walk and conference, which took place in Newcastle, but because of COVID many had to join us virtually, this year was small but intimate and we are immensely grateful to everyone who worked so hard to pull it together. This year we have also secured new funding and have been able to employ a fantastic team of staff, enabling us to scale up our desperately needed advocacy work. This funding will start to work towards ensuring an equitable playing field for people accessing treatment.

As we emerge from many of the COVID restrictions, we are looking forward to meeting old friends and new through more face-to-face events, and building on our achievements to date. A key aim this year is to establish a more sustainable funding base, as despite the continued generosity of our long term sponsors our finances are precarious at the best of times, and it is important to the trustees that we are able to offer our talented staff a stable future.

2021

To this end, we look forward to continuing our constructive dialogue with government officials, as we believe that our bedrock of support from within the community and extensive track record of recovery advocacy, has established our credentials beyond doubt as a vital building block in the nation's future treatment and recovery system.

- Jon Royle

ANNEMARIE WARD, CHIEF EXECUTIVE

Firstly, I would like to take this opportunity to thank you for being interested in our work, and whether you are a person in or seeking recovery, a commissioner, a funder, a critic, or a member of the media - we want to extend a warm hand of friendship, and our heartfelt gratitude for all of your support through engagements, or otherwise, across this last year. We hope that you will enjoy reading about our work, and we would like to encourage you to get involved in any way that you think you can.

We need many friends, allies, and supporters to progress our campaign work and to also help us develop our new advocacy case worker service. It is important to note however, that whilst we care deeply about how all of our stakeholders perceive what we are doing, and are always open to guidance or support about how we can do that better - our loyalty remains always to those still seeking help, and with the recovery community across the UK, and the rest of the world. It is by remaining loyal to our core mission that we are able to build and develop in good conscience, and stay the course. We will always endeavour to continue to fight for equal access and choice of high-quality service provision to be available to all, regardless of social or economic status.

I am certain that you will see from this year's report that there has been a colossal amount of work achieved by our little organisation, but even more so that our value as a authentic lived-experience charity is recognised, respected, and amplified by our contributions to the work of many leading addiction field charities. Our new relationships with cross sector organisations have not only been fruitful and enlightening, but have also inspired and influenced the direction in which we will grow in.

The pandemic gave us time to reflect on our aims, and to re-evaluate the direction of our charity.

Together, we considered the current UK landscape for people with addictions, and reflected on what we were seeing and hearing over the last few years, including:

- Increasing number of people who were still dying from preventable overdoses
- Individuals and family members who were reporting inequitable opportunities accessing residential treatment. There appeared to be a postcode lottery with some local authorities investing more than others
- People were unaware of their rights to accessing publicly funded drug and alcohol treatment, and had no independent advocacy when they needed it
- There wasn't enough investment in the treatment for trauma – often one of the underlying reasons for problematic substance use
- We saw an unacceptable level of stigma around people with living and lived experiences in workplaces and in the mainstream media. Unhelpful and often discriminatory language and labels were still being used with impunity
- We heard that the voices of living and lived experiences were sometimes cherry-picked, and that not everyone was invited to the *table*

In April 2021, we re-visited our aims, and made the decision to refocus our organisational direction on our campaigning and advocacy activities, whilst still retaining some of our core activities, such as our National UK Recovery Walk and Annual Conference.

We are going to be brave and outspoken – calling out social injustice and encouraging our communities to speak out for themselves. We will become a vehicle for the voice of conscience, holding people to account for what we believe is right. We will continue to develop campaigns such as #Youkeep talking we keep dying – reminding society that deaths from overdoses and addiction are preventable, and leave behind decimated families and communities.

I hope you enjoy this report and the synopsis of some of our key achievements this year, and we want you to get in touch if you don't! Especially if you can help make us better!

Our summarised figures for 2020/21, are:

- **1135 Incoming Telephone contacts**
- **3128 Website Downloads**
- **Over 3000 email correspondences**
- **120 Workforce trained**
- **32,069 Website views**
- **182 Members added**
- **117 Community contacts added**
- **9 Workshop events**
- **6 Drug death events**
- **Over 1million social media interactions**
- **£ 52,291 raised through fundraising**


Thank you to all of our funders, sponsors, and volunteers!

We literally could not function without you.

- Annemarie Ward



STIGMA




The guiding vision of our work is to create a world in which “people with a history of alcohol and other drug problems, people in recovery, and people at risk for these problems are valued and treated with dignity, and where stigma, accompanying attitudes, prejudice, shame, discrimination, and other barriers to recovery are removed.

This year we produced several publications that aimed to change community perception of addiction in the UK. If we are able to help people with this medical illness, we have to stop blaming them for making “bad lifestyle choices,” and dismissing them as inherently bad, or morally weak.

Instead, we must recognize the complex web of social, genetic, and environmental factors that can lead to alcohol and other drug dependencies, and understand that addiction is rooted in changes to the brain that impact judgement, decision making, and self-control.

We hope that by highlighting our personal stories, by bringing them to life, and sharing our experiences of recovery from this disease, we begin to challenge the prevailing view that people suffering from addiction are moral degenerates, and criminally minded.

Our publication, Working Together to Challenge Stigma to Save Lives, offered 23 recommendations to the Scottish Government in regards to reducing the highest drug death rate in Europe, and is currently being updated to reflect the wider UK recovery landscape whilst being designed to influence government policy. The publication follows recommendations that came from a mixture of sources, including: grieving loved ones, professional peers, academics, and recovering people - all of whom were saying difficult, but honest truths. and all of whom felt that they were being resolutely ignored, and severely let down.




Tackling stigma and debunking myths has never been for the fainthearted, especially when you are the one who is experiencing that very stigma and discrimination. We would like to extend a big shout out, and a special thanks to the nine courageous folks for their willingness to let their faces and voices be visible and heard in our publication of LOVE LOSS & HOPE .

FAVOR





ABSTINENCE SERVICES




One fallacy we see cropping up all the time is that - the idea that the UK & Scotland in particular has since 2010 had a treatment system focused on abstinence-based recovery or helping people get “clean.”

It is not hard to find politicians, or commentators claiming that is what we have, but the reality is in what is funded and delivered on the ground. The story of the last 12 years is of all services being stretched and funding cut, at a time when drug problems were diversifying and deepening. Within that overall picture, it is unequivocal that it is the recovery/abstinence arm of services that have been most depleted. We are grateful that the vast majority of the £600 million spent by taxpayers on the treatment system is still spent on OST, excellent harm reduction interventions, and one-to-one case management.

FAVOR UK will endeavour to continue to highlight the imbalance, and will continue to call for a national specification to ring fence residential rehab provision. It has never been more important to distinguish political rhetoric from reality, and the reality is that the current system literally rations care for the most vulnerable who are unable to pay for it themselves - and each area of care has to be massively invested in, if we are to see any real change.

Our [residential rehab publication](#) clearly demonstrates that many of the problems with regulatory bodies, and money supposed to be ring fenced, being spent on resources as obscure as food and travel vouchers. The recently published [residential rehab report from our friends & partners at Phoenix Future's](#) inspired by some of our work, goes on to highlight this deficit with sufficient depth and weight, and that we hope brings not only a significant shift in investment, but also in the culture of commissioning, and the treatment landscape.



In 2020, we estimated that there were 70 funded places, but this estimate triggered the Scottish government to do their own enquiry, that showed in actual fact that Scotland's rehab beds numbered around 365, but of that number only an estimated 22/26 beds were actually funded and accessible to ordinary people in Scotland. Over 100 of those beds were not available to people from Scotland and self-funding contributed to over a third (36.8%) of placements, around a quarter (27.4%) were funded by Social Security payments and charitable funding, whilst private insurance was used to fund around one in five (22.0%) places. The actual number of funded places from the Alcohol and Drug Partnerships (ADPs) funded little more than a tenth of the 265 beds available (22,) that could be accounted for. Only 22 funded beds for all of Scotland's people was nothing short of catastrophic for the politicians in charge, and highlighted Scotland's leadership in the addiction field was well and truly asleep at the wheel.

The usual rehab doesn't work for everyone arguments have been challenged now that the government's own figures showed how few people were actually getting access to this life saving treatment. Our report also highlighted 23 other vital life saving actions that needed to be invested in, if we wanted to see the drug deaths start to decline, and that it was no longer acceptable to pitch one potential lifesaving/giving pathway against the other in a fight for resources and investment.



FAVOR UK

THIS WEEK!



MONDAY @ 6 PM
ART FOR WELLNESS



TUESDAY @ 10:30 AM
RECOVERY COACHING IN THE NHS



TUESDAY @ 3 PM
OVERCOMING ADDICTION & FINDING YOUR
PURPOSE



WEDNESDAY @ 12 PM
SOBER SUGGESTIONS FOR ALCOHOL-FREE
DRINKING



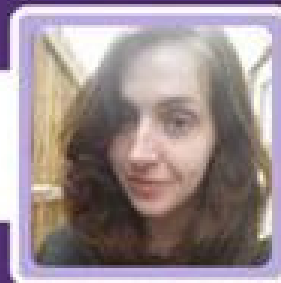
WEDNESDAY @ 6 PM
JOY IN RECOVERY WITH MINDFULNESS



THURSDAY @ 4 PM
HEALING THROUGH THE ARTS



THURSDAY @ 6 PM
IMPACT OF CCAR FROM LOCAL TO GLOBAL
TO PERSONAL



FRIDAY @ 1 PM
JOURNEY TO SELF-LOVE

FREE
WORKSHOPS &
EVENTS
ALL WELCOME!

**RECOVERY IS FOR
EVERYONE**



Get ready for some amazing conversations with Recovery
Coach Academy & Faces and Voices of Recovery UK



NAETHA UREN
CEO & Founder of
Recovery Coach Academy



CALLIESE CONNER
Founder of Recovery
Coach Academy



ANNEMARIE WARD
CEO of Faces & Voices of
Recovery UK



SARAH WILLIAMSON
Tools to aid Early
Recovery



**BEN SOS &
WILL POWER**
Sober Celebrations



DEBBIE CROUCH
Art for Wellness



JAMES HALLS
Recovery Coaching
in the NHS



**MARCELLUS
AWOKULEHIN**
Finding Your Purpose



LEA WATSON
Sober Suggestions for
Alcohol free drinks



MEL PEGLEY
Joy in Recovery with
Mindfulness



ELIZABETH CASTILLO
Healing through the
Arts



STACY CHARPENTIER
Local to Global to
Personal



EM BRADY
Journey to
Self-Love



SUE CURR
Taking you from Fear
to Freedom



GEORGIA HATFULL
Overcoming Biases &
Building Resilience



DONALD MCDONALD
Choosing your words
in Recovery Advocacy



GEOFF ANDERSON
The value of a
Recovering Citizen



MEGHANN PERRY
The Art of Storytelling



CHERYL KEANEY
Fitness as a Pathway
of Recovery



PHYLLIS WOODFINE
Setting yourself up
for success



KATE BAILY
A guide to finding
safety & connection



THOMAS MCGOWAN
A Positive Intent Mind



MICHAEL KING
Leading with
Lived Experience



PHIL VALENTINE
Build it and they
will come



VICTORIA SEED
The value of family
recovery



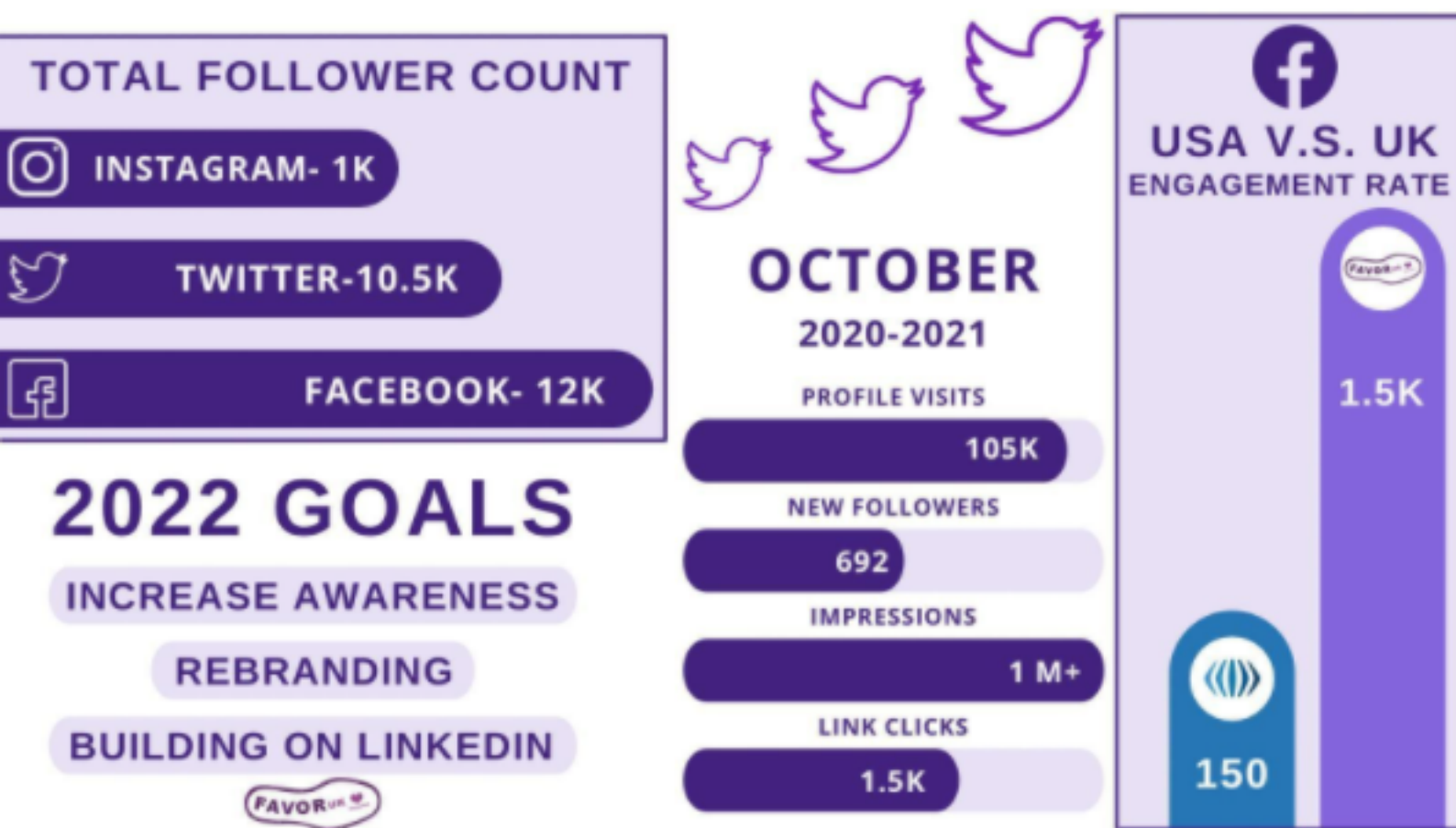
JOHANNA DOLAN
Recovery Capital: The
currency of recovery



COVID-19

COVID


When the COVID pandemic started, we moved our monthly gatherings online. The politicians stayed engaged, and more people contributed to the call to action for real change and investment from across the UK. Using technology allowed more people to contribute, and engage than ever before. Each of our events have now been viewed over a thousand times and some as much as almost 3 thousand times. This widened the conversation and allowed us to communicate what we were trying to do in a much more effective and concise way.



FAVOR



BREAKTHROUGH



Due to our relentless campaigning In April 2020, we saw the biggest injection of funding ever in the history of the addiction field, worth £50 million a year, and included an annual “£20million to offer residential rehab to every person who asks for it”. At the time of writing, we are investigating if the money specifically for rehab has reached the people who need it, and unfortunately it does not look good. Initial scopes of increase in beds have proven devastating for campaigners with figures as little as only 15 to bed new bed places having become available. In January 2022, it will be one year since the funding was announced and 20 million has the potential to pay for over 4000 12-week placements/beds. FAVOR UK will be monitoring this and the other promised funding closely, and will continue to apply scrutiny and pressure to all.

This increase in investment not only will help save lives, it is also an acknowledgement from the Scottish Government that they had not done enough, which was met with an apology from Scottish First Minister, Nicola Sturgeon.

This was shortly followed by a £148 million announcement in funding from the UK government - 80 million of which is for Tier 4 (rehab services) in England. Again, we are in no doubt this money would not have come forward had it not been for our **relentless campaigning**.

Our job now is to remain vigilant to the gatekeeping, bed blocking, and other barriers that prevent us from getting access and choice of treatment. This work recently has included working alongside, and in partnership, with **Shelter Scotland** to make sure that no one has to choose between their health and their home, but to also make sure that the complacency and hand wringing of earlier years never happens again.




ARCO

Association of Recovery
Community Organizations

- EACH ORGANISATION HAS A MISSION THAT REFLECTS THE ISSUES AND CONCERNS OF THEIR COMMUNITY
- ONE OF THE FOUNDING PRINCIPLES OF RCOS IS EMBRACING ALL PATHWAYS TO RECOVERY.
- ALL RCOS SHARE THREE CORE PRINCIPLES: RECOVERY VISION, AUTHENTICITY OF VOICE AND ACCOUNTABILITY TO THE RECOVERY COMMUNITY.
- RCOS PROVIDE AN ORGANISED WAY FOR PEOPLE TO GIVE BACK TO THEIR COMMUNITIES THROUGH VOLUNTEERING AND PAID SERVICE TO OTHERS SEEKING RECOVERY.
- RCO'S USE PARTICIPATORY PROCESSES



RECOVERY MONTH AND ARCO



A link to our brochure and full details for this year's walk conference and service can be found, [here](#).

Our 2021 UK Recovery Walk was a much smaller, scaled down event in Newcastle this year, but many people took the opportunity to tune in online as well. Over the last 13 years the walks and annual conference (this year's theme being LGBT) have been organised by local community groups and in partnership with treatment agencies, people in recovery, and their families and friends. This is to show that permanent recovery from alcohol and other drug problems is not only possible but a reality, and this year was no different. Our primary purpose is to engage those who are still living with addiction, and create a world in which recovery is supported and celebrated. We walk and talk each year to remind ourselves of this and to send a message to those still wounded, that we can, and do - recover.

One of the key messages of each walk, and the charity itself, is that there are many pathways to long-term recovery from alcohol and other drug problems, and that all are a cause for celebration. Those advocates who have forged the grassroots Recovery Movement across the UK represent a broad spectrum of religious, spiritual, and secular pathways to recovery, with a variety of recovery practices within these different pathways.


We come together at each walk, united together, to celebrate them all.

We were blessed this year in that we had the energy, expertise, and a full-blown whirlwind of energy and enthusiasm that is our new Board member: Calliese. Calliese helped us reach over 30,000 people online during our recovery month events.

Here's what she had to say about it.

FAVOR





Calliese and Naetha have been a tremendous support this year & not only did they help recovery month reach so many people but they also through their energy and skills into helping us develop Association of Recovery Communities (ARCO).

Our fledgling association held its first gathering on Zoom on November 21, and was attended by several fully fledged members, and many more interested individuals and organisations aspiring to come on board and join us. We will work and support these organisations and individuals to reach the needed criteria for membership over the next year, in order to help us all share our growth, development, and resources with each other as we continue to collaborate and thrive together.

FAVOR





FAVOR



FAVOR



FAVOR

KEYNOTE SPEAKERS

FAVOR UK's 2021 Conference



RECOVERY MONTH CALENDAR OF EVENTS



NATIONAL
RECOVERY
MONTH 2021

SEPT 1: KICK - OFF RECOVERY MONTH WITH ANNEMARIE CEO OF FAVOR UK @4 PM

SEPT 1: TOOLS FOR EARLY RECOVERY WITH SARAH WILLIAMSON @6 PM

SEPT 1: #SOLOR EVENT WITH RECOVERY HOUR @8 PM

SEPT 2: SOBER CELEBRATIONS WITH BEN SOS & WILL POWER @2:15 PM

SEPT 2: CHANGING YOUR DRINKING HABITS WITH SAM JAYNE @5 PM

SEPT 3: ALL RECOVERY MEETING EVERY FRIDAY @ 5:30 PM

SEPT 6: ART FOR WELLNESS WITH DEBBIE CROUCH @ 6 PM

SEPT 7: RECOVERY COACHING IN THE NHS WITH JAMES HALLS @ 10:30 AM

SEPT 7: LIVED EXPERIENCE & RECOVERY COACHING WITH MARCELLUS AWOKULELHIN @ 3 PM

SEPT 8: SOBER SUGGESTIONS FOR ALCOHOL FREE DRINKING WITH LEA WATSON @ 12 PM

SEPT 8: JOY IN RECOVERY WITH MINDFULNESS WITH MEL PEGLEY @ 6 PM

SEPT 9: HEALING THROUGH THE ARTS WITH ELIZABETH CASTILLO @ 4 PM

SEPT 9: FROM LOCAL TO A GLOBAL IMPACT WITH STACY CHARPENTIER @ 6 PM

SEPT 10: ALL RECOVERY MEETING EVERY FRIDAY @ 5:30 PM

SEPT 10: CCAR'S STORY SLAM @ 8 PM

SEPT 14: TAKING YOU FROM FEAR TO FREEDOM WITH SUE CURR @ 12 PM

SEPT 15: OVERCOMING BIASES, BUILDING RESILIENCE & ADVOCATING FOR OTHERS WITH GEORGIA HATFUL @2 PM

SEPT 15: THE VALUE OF A RECOVERING CITIZEN IN THE CRIMINAL JUSTICE SYSTEM WITH GEOFF ANDERSON @ 11 AM

SEPT 16: THE ART OF STORYTELLING WITH MEGHANN PERRY @ 6 PM

SEPT 17: FAVOR UK CONFERENCE LIVE ON FACEBOOK @10 AM

SEPT 17: ALL RECOVERY MEETING EVERY FRIDAY @ 5:30 PM

SEPT 18: FAVOR UK RECOVERY WALK IN NEWCASTLE LIVE ON FACEBOOK @ 9 AM

SEPT 18: FAVOR UK RECOVERY WALK IN NEWCASTLE LIVE ON FACEBOOK @ 9 AM

SEPT 18: DRYWAVE PRESENTS- ANONYMOUS IN MANCHESTER @ 6 PM

SEPT 19: FITNESS AS A PATHWAY OF RECOVERY WITH CHERYL KEANEY @ 4 PM

SEPT 20: SETTING YOURSELF UP FOR SUCCESS WITH PHYLLIS WOODFINE @ 7 PM

SEPT 21: A GUIDE TO FINDING SAFETY & CONNECTION WITH KATE BAILY @ 11 AM

SEPT 21: THE POWER OF POSITIVE INTENTIONS WITH THOMAS MCGOWEN @ 7 PM


SEPT 24: ALL RECOVERY MEETING EVERY FRIDAY @ 5:30 PM

SEPT 29: RECOVERY CAPITAL - THE CURRENCY OF RECOVERY WITH JOHANNA DOLAN @ 2 PM





CAMPAIGNING DRUG CONSUMPTION ROOMS



The focus of our campaigns will always be to advocate for balanced investment across all evidence-based treatments that have been proven to save, and give, people their lives back.

There are many occasions throughout our work where our members felt gaslit and were being deliberately misconstrued. Our strapline as an organisation since 2009 has always been that there are many pathways to recovery, and all are a cause for celebration. These attacks I believe were probably borne of ignorance rather than malice. I was also reminded of the very real need as a human being to belong and identify with a tribe. However, we emphasised that regardless of your tribe, there are more issues that need to be fixed in the addiction field where we can unite, than those that divide, particularly around investment of resources to give us every opportunity to find a path that suits our needs.

We were also relentless in our campaigning this year to bring on board the political parties, organisations, and individuals opposed to the introduction of Drug Consumption Rooms. We were able to take part in over 30 media discussions, press radio, and film to put the argument forward and were constantly met with politicians who were opposed across the UK. On November 21st, we were delighted to see the Scottish Conservative party relent in their opposition, and agree that the DCRs could be piloted unopposed by them in Scotland.


We were also grateful that they credited the work of FAVOR UK with this turnaround in their thinking. We will continue to take the same compassionate evidence based advocacy until we see DCR's available across the UK.

FAVOR





ANTI-STIGMA LANGUAGE MATTERS REPORT



Our work has always focused on tackling stigma and this year we were delighted to partner with many organisations to take that forward. One of the publications we worked on was with Phoenix futures' language matters - a Recovery Friendly Language guide.

We developed the language guide in partnership between Phoenix Futures and FAVOR, and in consultation with people with lived and living experiences of using drugs and alcohol dependently.

It is aimed at people who work with people who use drugs and alcohol, people who work in the media, professionals, and the general public.

Most people with living or lived experience of using substances have their own use of language that is meaningful to them, however, it can often be misunderstood or not understood at all by those outside of their communities. The guide is intended to offer recommendations on using language to empower people in active addiction and recovery, and to reinforce the impact of person-centred language on challenging stigma.

The guide is by no means intended to influence how people in recovery or active addiction choose to self-identify when talking about themselves, or suggest what language they should use to describe their own experiences when talking to people either inside, or outside of their communities.

This guide is an ongoing piece of work, as the use of language evolves over time to reflect our changing lives, circumstances, experiences, and culture. As such the guide will be updated to reflect that shift.



Recovery Dialects

*Mutual Aid
Meetings*

In Public

With Clients

*Medical
Settings*

Journalists

Addict



Alcoholic



Substance Abuser



Opioid Addict



Relapse



**Medication Assisted
Treatment**



**Medication Assisted
Recovery**



**Person w/ a Substance
Use Disorder**



**Person w/ an Alcohol
Use Disorder**



**Person w/ an Opioid
Use Disorder**



Long-term Recovery



Pharmacotherapy



Language matters but can change depending on the setting we are in. Choosing when and where to use certain language and labels can help reduce stigma and discrimination towards substance use and recovery.



SOURCE: Ashford, R. D., Brown, A. M., & Curtis, B. (2018). Substance use, recovery, and linguistics: The impact of word choice on explicit and implicit bias. *Drug and Alcohol Dependence*, 189, 131–138.

FAVOR



Recovery Dialects

The words we use matter.



Positive

Person who uses substances

Recurrence of Use

Pharmacotherapy

Accidental Drug Poisoning

Person with a Substance Use Disorder



Negative

Substance Abuser

Relapse

Medication-Assisted Treatment

Overdose

Addict

Alcoholic

Opioid Addict

While some negative language is okay to use in mutual aid meetings, its use should be avoided in public, when advocating and in journalism.



SOURCE: Ashford, R. D., Brown, A. M., & Curtis, B. (2018). Substance use, recovery, and linguistics: The impact of word choice on explicit and implicit bias. *Drug and Alcohol Dependence*, 189, 131–138.

FAVOR

Addiction is one of the only health conditions where the person suffering is blamed for their illness


Mike Trace, CEO, Forward Trust



TAKING
ACTION
ADDICTION

#TakingActionOnAddiction
takingactiononaddiction.org.uk

THROUGH TAKING ACTION ON ADDICTION



One of the highlights of our year was working in partnership with other leading charities to take forward Addiction Awareness Week (18th-24th October) in order to drive awareness and understanding of addiction. Hosted by Ant and Dec, The Duchess of Cambridge launched the campaign with a keynote speech. The event screened a short film challenging misunderstandings about addiction, and was closed by Tom Walker, who gave a special performance of his worldwide hit (about addiction) "Leave A Light On."

Hosts Ant and Dec commented:

"Most importantly, misunderstanding and fear can stop people asking for help early. This campaign, launched today by all of you and the amazing charities in the room, seeks to change that, and we are delighted to join you at its launch event."

Supporting charities include The Amy Winehouse Foundation, Steps 2 Recovery, Phoenix Futures, Music Support, FAVOR, NACOA, and the Kaleidoscope Project. In the UK the number of people affected by addiction and its consequences is consistently rising. A national YouGov poll commissioned by The Forward Trust to mark Addiction Awareness Week reveals that over 64% of all adults know of someone struggling with an addiction*. Despite this, half of respondents said they lacked understanding of the condition. It is these misunderstanding charities seek to change so more people can spot symptoms earlier before devastating consequences can take hold.

FAVOR





As Patron of The Forward Trust, The Duchess stated:

"Addiction is not a choice. No one chooses to become an addict. But it can happen to any one of us. None of us are immune. Yet it's all too rarely discussed as a serious mental health condition. And seldom do we take the time to uncover and fully understand its fundamental root causes.

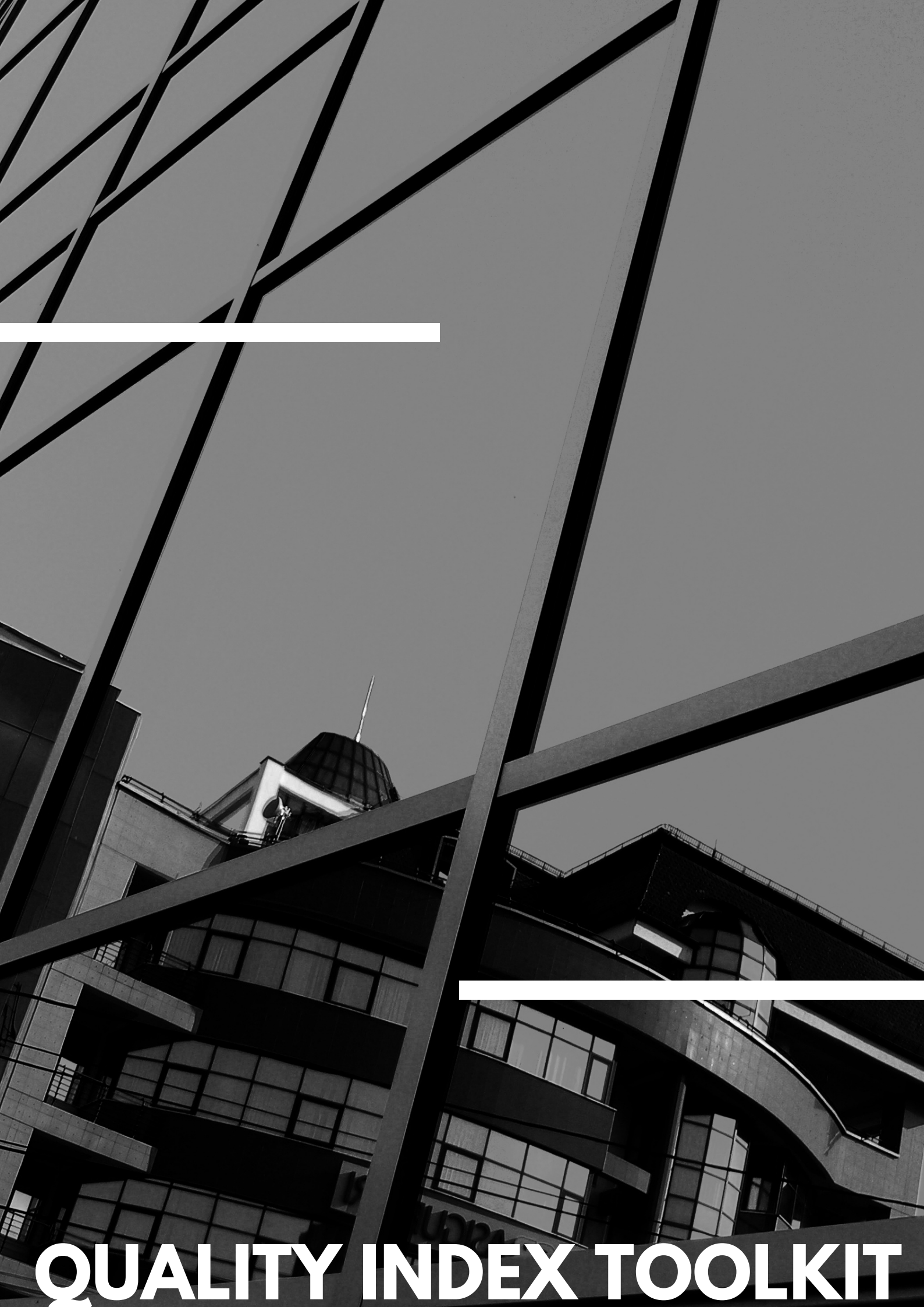
The journey towards addiction is often multi-layered and complex. But, by recognising what lies beneath addiction, we can help remove the taboo and shame that sadly surrounds it. As a society, we need to start from a position of compassion and empathy.

Where we nurture those around us, understand their journey, and what has come before them. We need to value and prioritise care and support, helping to restore and connect individuals who are clearly suffering, to the people around them."










QUALITY INDEX TOOLKIT



Our work this year included ongoing development of Our Quality Index toolkit. Work began in January 2019 to put together a quality index toolkit for employers employing people in recovery. This toolkit will ensure that people in recovery are being treated fairly and employers are held to the highest account in doing so.

The toolkit will provide employers with guidance on what to expect from people in recovery and how best to nurture, support, and respect the individual's recovery journey. The guidance once completed will also offer a variety of best practice guidelines on promotion, discipline, relapse, and a variety of other topics that are starting to be discussed at a workshop level.

As with everything we create we are talking to a wide variety of stakeholders including people in recovery treatment, their friends and family, and workers in and out of the addiction field (including input so far from: Arriva, PHE, CGL, Recovery connections, Humankind, Bridge, and Reach Advocacy).


Work has definitely slowed on this primarily because we do not have the staff to take it forward, and despite engaging many volunteers to help it really does require a project manager, so there is still time if you, or your organisation would like to be involved in developing this exciting piece of work, please do not hesitate to get in touch as much hard work has been done already. It has the potential to deeply influence and change how every work place in the UK treats people in suffering from, and recovering from, substance use disorder.

FAVOR





UK RECOVERY DECLARATION OF RIGHTS



The UK Recovery Declaration of Rights continues to draw and gain support with 142 services and 48 MPs having endorsed and signed up to it. This piece of work is unprecedented in a field that works constantly in isolation, conflict, and competition and in itself is a piece of unity and focus. THE UK DOR is a statement of the principle that all people have a right to recover from addiction to alcohol and other drugs. We called on all our friends, family, loved ones, and many of our elected officials at Westminster to act in order to build communities of recovery that will support those people and their families still needing help, and to end discrimination.

We will continue to invite you, your organisations, and your local elected representatives to endorse The UK Recovery Declaration of Rights. Please also pass on to any organisation that you think would be interested in endorsing.


Please download the latest version of the poster by clicking [HERE](#)

FAVOR



BACK THE BILL
BACK THE BILL
BACK THE BILL
BACK THE BILL
BACK THE BILL
BACK THE BILL

OOORBILL



We don't always have the capacity to reflect, or even to tell you about the work we are involved in. We have certainly never been an organisation who promotes our achievements, primarily because there is still much to do before people with addiction disorders are treated fairly and with compassion.

We are currently involved in developing legislative work with senior and junior counsel in Scotland and internationally to make sure that no person in the UK will ever have to fight for their right to access or choice of treatment. We hope one day that the inhumane barbarism and insanity of our current system will soon become a distant, but bad memory that we look back on with horror.

Our Right to Recovery Bill (*that was originally called the Drug and Alcohol Treatment (Scotland) Bill*) is currently out for consultation in Scotland (but welcomes contributions from across the UK) has the ability to bring in the investment that Dame Carol Black so clearly and articulately lays out the case for in her review. Quite simply, this desperately needed investment will not come while conditions insist that treatment agencies work in isolation, conflict, and competition with each other. Unless we change the law to make sure that people suffering from addiction can have their rights enshrined in law, we will always be begging for, or fighting each other for, crumbs from the table.

Engaging with our friends at Shelter Scotland while we worked on the “dual HB” issue for rehab in Scotland over the last 18 months has proven to be both intense and enlightening. We feel the knowledge we have learned from the housing/homeless sector has the potential to bring in the much-needed changes to transform our field, and develop ways of working outside the current parameters.

FAVOR





Some of this work has highlighted:

- The often-touted Patient Rights (Scotland) Act 2011 does not allow a legal challenge to decisions (see section 20). So therefore, the argument that people in addiction have challengeable rights under this Act is flawed, or at least wouldn't have the same level of accountability as those in the homeless system can expect.
- With addiction, in its purest form, being exempt as an impairment under the Equality Act 2010 and a Human Rights Act challenge being a lengthy process - we need instant judicial accountability; Our proposed Bill brings that.
- We already have the Code of Guidance in Homelessness, this can be likened to the MAT Standards or the 'Orange Book', but the Code is openly ignored in many cases, even with the backing of the 1987 Act. The proposed Bill will do the same to MAT & 'Orange Book' as the 1987 Act does to the Homelessness Code of Guidance - allowing us to legally challenge any failings. Without legal underpinning we can expect any new guidance to be ignored at will.
- The Bill is ALL treatment options (a path maker from DCR's to rehab, HR to Recovery, from methadone to buvidal) no matter where you live. It allows the individual to build a care plan, whatever they choose that to be, and that plan becomes a legal document - challengeable by law if not adhered to. Similarly, a decision must be given in writing, and so can be scrutinised and challenged – if necessary. It doesn't force one option over another, which is currently the case for many people seeking services.
- This proposed Bill gives a solid foundation across the spectrum of choices and chances people need to get and stay well – similar to what we have in the "world leading" homeless laws. It gives something we can build progressive policies on, knowing they are backed by judicial powers if needs be. No one in the homeless sector says we don't need the 1987 Act. They do not question the enforceable rights it brings, nor what political party developed it, it's worth more than that. This Bill can be our 1987 act.

FAVOR



Developing our embryonic cross sector coalition has already given us much needed seeds of experience, perspective, and strength that we hadn't been able to access before, and we will continue to reach out building common ground with friends and allies from across the UK.

This Bill deserves cross party support, as this is a human rights issue which goes beyond politics. This bill makes rights effective for some of the most vulnerable and disenfranchised in our society. The right to recovery and to treatment has to mean just that. It should be set down in law, and be legally enforceable.

This bill is about moving from words to solutions which are based upon lived experience.



Isn't this a Tory Bill and just an opportunity for the Tories to put the boot into the SNP?

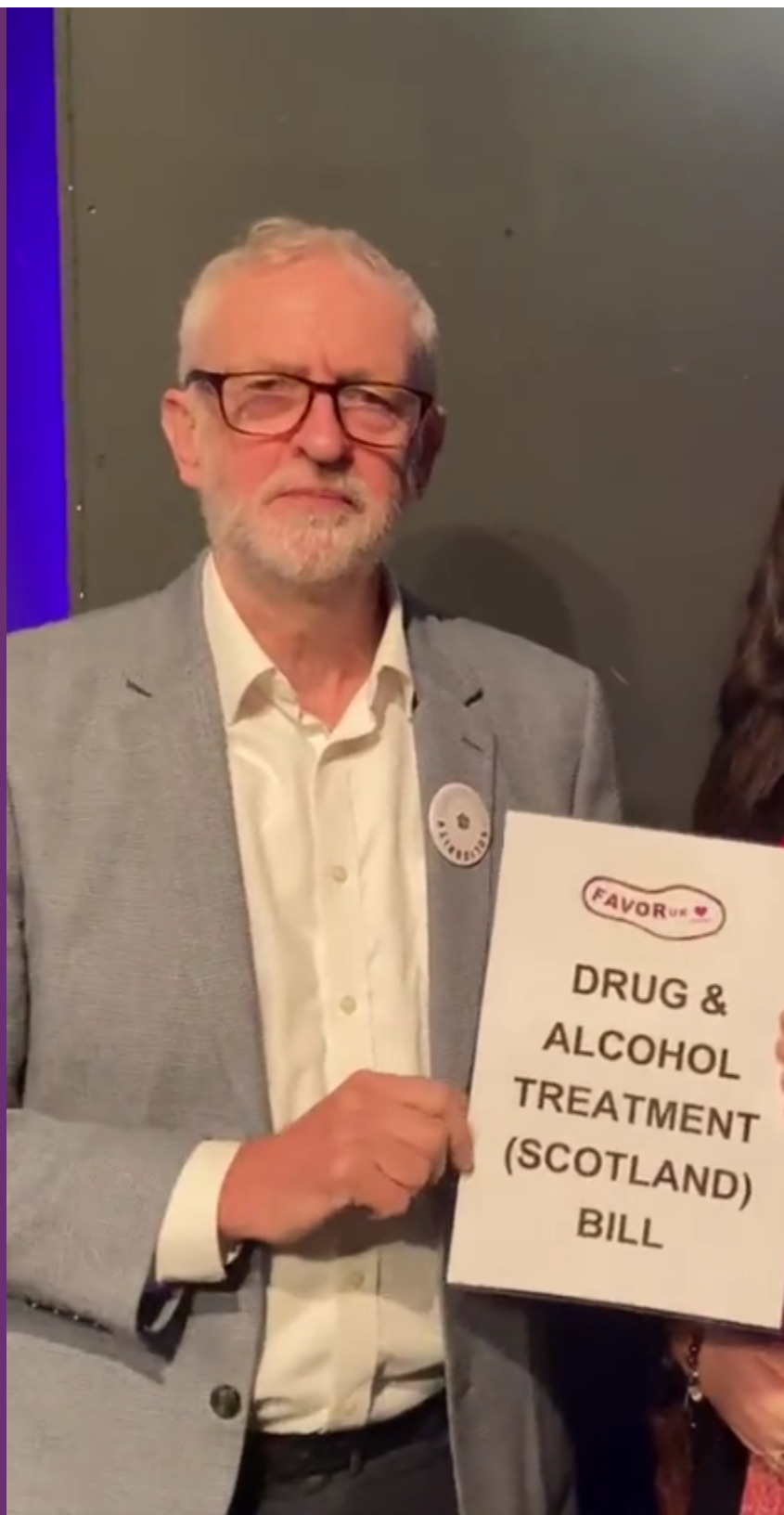
The consultation on a right to recovery bill doesn't come from a political manoeuvre. It isn't championing any one form of treatment. It also isn't a criticism of support of any party.



Back The Bill

FAVOR


Jeremy Corbyn supports the Right to Recovery Bill, find out why, [here](#)



FAVOR



INVESTMENT



One of the most important things our work in recent years has shown us is our value as recovering people. None of this would have happened without the support, persistence, and tenacity of the recovery community. Over the last 13 years we have led the recovery community into becoming more visible, and more vocal across the UK.

Since the beginning, we have operated on a shoestring budget never knowing from one month to the next whether we will be able to carry on. It is now time to reflect back to us that value by proper investment.

We are the addiction field's greatest asset. We are asking all of our supporters, sponsors, and investors to come forward, and help us gain the financial stability we need to strategically grow and develop.

Valuable?

It is our belief that our true value as recovering people has not yet been fully recognised by the addiction industry, or governments of the UK - and that it is currently being acknowledged only in a tokenistic and perfunctory way. We know what value we can bring to influence and change for the better, including: policy, strategy, and operations, but we rarely get the chance to do so in any meaningful way.

It is FAVOR UKs mission to change that.

We again call out for unity this year to help those who are suffering. Unity across our field is essential if we are to be effective advocates for a range of harm reduction and recovery support services. We cannot allow ourselves to be divided, and we must: advocate for the complete range of interventions that keep people alive who are still in active addiction, reduce the societal impact of their substance use, and also support them in long term recovery. This begins with the recognition that there are many pathways to recovery, and all are a cause for celebration.




FAVOR





FINAL THOUGHTS



We hope you enjoy reading about some of the work we chose to highlight in the report this year, and always welcome your feedback and comments about how we are doing, and especially how we can develop and do better.

We wish to extend our heartfelt thanks to all of our loyal individual and corporate supporters and donors, to our volunteers who worked so hard at our various events and activities throughout the year, and to all of those who took part in fundraising events around the country. We certainly couldn't do our work without each and every penny and person who willingly (and freely!) gives us their time, energy, and support.

I would also like to share my deep appreciation of the hard work and loyalty that our many volunteers have shown throughout the busy year. It never ceases to amaze me how such a small team can achieve so much.

Hugs and thanks to you all - especially anyone we have forgotten.

We have had a lot of help, and couldn't have done it without you all.

FAVOR





ACCOUNTS

Faces & Voices of Recovery UK

Charity No. SC043961

Trustees' Report and Unaudited Accounts

30 April 2021

	Pages
Trustees' Annual Report	2 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Summary Income and Expenditure Account	6
Balance Sheet	7
Notes to the Accounts	8 to 12
Detailed Statement of Financial Activities	13 to 14

The Trustees present their report with the unaudited financial statements of the charity for the year ended 30 April 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. SC043961

Registered Office

3 Kelvinside Grove
Glasgow
G20 6PL

Trustees

The following Trustees served during the year:

Jo Bryden
Jon Royle
Paul Bowley
Rondine Molinaro
Ronnie McIntyre
John Elford Appointed 28 April 2021

Accountants

GN Accounting Services Ltd
272 Bath Street
Glasgow
G2 4JR

OBJECTIVES AND ACTIVITIES

The principal purpose of the charity in the year under review was to promote the advancement of education, the advancement of health, the saving of lives, the relief of those in need by reason of age, ill health, disability and financial hardship or other disadvantage

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity was registered on 24 April 2013 as UK Recovery Walk Charity. The name of the charity was changed to Faces & Voices of Recovery UK on 1 May 2015. The charity became active on 24 April 2013.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board

Jon Royle
Trustee
14 June 2021

Independent Examiner's Report to the trustees of Faces & Voices of Recovery UK

I report on the accounts of Faces & Voices of Recovery UK for the year ended 30 April 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Respective responsibilities of trustees and examiner

As the trustees you are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The trustees consider that an audit is not required for this year under the Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations.

As examiner it is my responsibility to:

- examine the accounts under s.44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005;
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records, comply with Regulation 8 of the 2006 Accounts Regulations
- have not been met: or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Natasha Cassidy
NGL Accounting Ltd
37 Rosyth Road
Morris Park
Glasgow
G5 0YD
14 June 2021

Faces & Voices of Recovery UK
Statement of Financial Activities
for the year ended 30 April 2021

		Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
	Notes			
Income and endowments from:				
Donations and legacies	4	4,258	4,258	3,126
Charitable activities	5	-	-	
Investments	6	14	14	6
Other	7	28,600	28,600	49,159
Total		32,872	32,872	52,291
Expenditure on:				
Other	8	38,280	38,280	52,222
Total		38,280	38,280	52,222
Net gains on investments		-	-	-
Net income	9	(5,408)	(5,408)	69
Transfers between funds		-	-	-
Net income before other gains/(losses)		(5,408)	(5,408)	69
Other gains and losses				
Net movement in funds		(5,408)	(5,408)	69
Reconciliation of funds:				
Total funds brought forward		24,314	24,314	24,245
Total funds carried forward		<u>18,906</u>	<u>18,906</u>	<u>23,314</u>

Faces & Voices of Recovery UK
Summary Income and Expenditure Account
for the year ended 30 April 2021

	2021	2020
	£	£
Income	32,858	52,285
Interest and investment income	14	6
Gross income for the year	<u>32,872</u>	<u>52,291</u>
Expenditure	37,037	50,983
Depreciation and charges for impairment of fixed assets	1,243	1,239
Total expenditure for the year	<u>38,280</u>	<u>52,222</u>
Net income before tax for the year	(5,408)	69
Net income for the year	<u>(5,408)</u>	<u>69</u>

Balance Sheet

at 30 April 2021

Charity No.	SC043961	Notes	2021 £	2020 £
Fixed assets				
Tangible assets		11	-	1,244
			-	1,244
Current assets				
Cash at bank and in hand			18,906	23,070
			18,906	23,070
Creditors: Amount falling due within one year		12	-	-
Net current assets			18,906	23,070
Total assets less current liabilities			18,906	24,314
Net assets excluding pension asset or liability			18,906	24,314
Total net assets			18,906	24,314
The funds of the charity				
Restricted funds		13		
Unrestricted funds		13		
General funds			18,906	24,314
			18,906	24,314
Reserves		13		
Total funds			18,906	24,314

The trustees have prepared the accounts in accordance with section 44 of the Charities and Trustee Investment (Scotland) Act.

Approved by the board on 14 June 2021

And signed on its behalf by:

Jon Royle
Trustee
14 June 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixture and Equipment	33.3% Straight Line
-----------------------	---------------------

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

2 Charitable status

The Charity is a Scottish Charitable Incorporated Organisation (SCIO), governed by a constitution.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2020 £	Total funds 2020 £
Income and endowments from:		
Donations and legacies	3,126	3,126
Charitable activities	-	-
Investments	6	6
Other	49,159	49,159
Total	52,291	52,291
Expenditure on:		
Other	52,222	52,222
Total	52,222	52,222
Net income	69	69
Net income before other gains/(losses)	69	69
Other gains and losses:		
Net movement in funds	69	69
Reconciliation of funds:		
Total funds brought forward	24,245	24,245
Total funds carried forward	24,314	24,314

4 Income from donations and legacies

	Unrestricted	Total 2021 £	Total 2020 £
Donations	4,258	4,258	3,126
	<u>4,258</u>	<u>4,258</u>	<u>3,126</u>

5 Income from charitable activities

	Total 2021 £	Total 2020 £
Training	-	-
	<u>-</u>	<u>-</u>

6 Income from investments

	Unrestricted	Total 2021	Total 2020
	£	£	£
Bank Interest	14	14	6
	<u>14</u>	<u>14</u>	<u>6</u>

7 Other income

	Unrestricted	Total 2021	Total 2020
	£	£	£
Sponsorship	-	-	37,500
Grants	28,600	28,600	11,659
	<u>28,600</u>	<u>28,600</u>	<u>49,159</u>

8 Other expenditure

	Unrestricted	Total 2021	Total 2020
	£	£	£
Employee costs	24,183	24,183	25,075
Motor and travel costs	912	912	2,180
Premises costs	438	438	434
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	1,243	1,243	1,239
General administrative costs	5,220	5,220	13,406
Legal and professional costs	6,284	6,284	9,888
	<u>38,280</u>	<u>38,280</u>	<u>52,222</u>

9 Net income before transfers

	2021	2020
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	1,243	1,239

10 Staff costs

Salaries and wages	24,183	24,775
	<u>24,183</u>	<u>24,775</u>

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

2021	2020
Number	Number
1	1
<u>1</u>	<u>1</u>

11 Tangible fixed assets

	TFA 2	TFA 3	Fixture and Equipment	Total
	£	£	£	£
Cost or revaluation				
At 1 May 2020	-	-	4,022	4,022
At 30 April 2021	-	-	4,022	4,022
Depreciation and impairment				
At 1 May 2020	-	-	2,778	2,778
Depreciation charge for the year	-	-	1244	1244
At 30 April 2021	-	-	4,022	4,022
Net book values				
At 30 April 2021	-	-	-	-
At 30 April 2020	-	-	1,244	1,244

12 Creditors:

amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	-	-
	-	-

13 Movement in funds

	At 1 May 2020	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 30 April 2021
	£	£	£	£	£
Restricted funds:					
Unrestricted funds:					
General funds	24,314	32,872	(38,280)	-	18,906
Revaluation Reserves:					
Total funds	24,314	32,872	(38,280)	-	18,906

14 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	-	-
Net current assets	18,906	18,906
	18,906	18,906

15 Reconciliation of net debt

	At 1 May 2020 £	Cash flows £	New HP/Finance leases £	At 30 April 2021 £
Cash and cash equivalents	23,070	(4,164)		18,906
	23,070	(4,164)	-	18,906
Net Debt	<u>23,070</u>	<u>(4,164)</u>	<u>-</u>	<u>18,906</u>

Faces & Voices of Recovery UK
Detailed Statement of Financial Activities
for the year ended 30 April 2021

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies			
Donations	4,258	4,258	3,126
	<u>4,258</u>	<u>4,258</u>	<u>3,126</u>
Charitable activities			
Training	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>
Investments			
Bank Interest	14	14	6
	<u>14</u>	<u>14</u>	<u>6</u>
Other			
Sponsorship	-	-	37,500
Grants	28,600	28,600	11,659
	<u>28,600</u>	<u>28,600</u>	<u>49,159</u>
Total income and endowments	32,872	32,872	52,291
Expenditure on:			
Employee costs			
Salaries/wages	24,183	24,183	24,775
Staff welfare	-	-	300
	<u>24,183</u>	<u>24,183</u>	<u>25,075</u>
Motor and travel costs			
Travel and subsistence	912	912	2,180
	<u>912</u>	<u>912</u>	<u>2,180</u>
Premises costs			
Rent	-	-	-
Premises insurances	438	438	434
	<u>438</u>	<u>438</u>	<u>434</u>
General administrative costs, including depreciation and amortisation			
Depreciation of Fixture and Equipment	1,244	1,244	1,239
Bank charges	13	13	15
Equipment leasing and hire charges	-	-	4,881
Software, IT support and related costs	1,775	1,775	538
Stationery and printing	1566	1566	189
Subscriptions	-	-	5,342
Sundry expenses	1,865	1,865	2,441

Faces & Voices of Recovery UK
Detailed Statement of Financial Activities

			6,463	<u>6,463</u>	<u>14,645</u>
Legal and professional costs					
Accountancy and bookkeeping			984	984	1,230
Consultancy fees			5,300	5,300	8,658
			<u>6,284</u>	<u>6,284</u>	<u>9,888</u>
Total of expenditure of other costs			38,280	<u>38,280</u>	<u>52,222</u>
Total expenditure			38,280	<u>38,280</u>	<u>52,222</u>
Net gains on investments			-	-	-
Net income			(5,408)	<u>(5,408)</u>	<u>69</u>
Net income before other gains/(losses)			(5,408)	<u>(5,408)</u>	<u>69</u>
Other Gains			-	-	-
Net movement in funds			(5,408)	<u>(5,408)</u>	<u>69</u>
Reconciliation of funds:					
Total funds brought forward	24,314	-	-	24,314	24,245
Total funds carried forward	<u>18,4906</u>	<u>-</u>	<u>-</u>	<u>18,906</u>	<u>24,314</u>